

Activities of a nurse in a hospital

The day-to-day work of a nurse in a hospital is just as varied and demanding as in a nursing home, but there are some differences due to the specific environment and type of patient care. Here are some typical tasks and activities in the daily work of a nurse in a hospital:

1. **Admission and assessment:** Nurses are often involved in admitting new patients. They collect relevant information, assess the state of health and create care plans.
2. **Vital sign monitoring:** Nurses regularly monitor patients' vital signs, including pulse, blood pressure, respiratory rate, and temperature. They react to deviations and report them to the medical team.
3. **Medication administration:** Nurses are responsible for the correct administration of medications. This includes monitoring medication schedules, dispensing medications, and documentation.
4. **Nursing and support:** Nursing includes basic tasks such as assisting with personal hygiene, eating, mobilization, and elimination. The care also includes emotional support for patients.
5. **Documentation:** Accurate documentation of nursing interventions, patients' health status, and other relevant information is especially important in the hospital.
6. **Communication:** Nurses communicate with patients, relatives, doctors, and other members of the healthcare team to ensure that all relevant information is shared.
7. **Participation in rounds and meetings:** Nurses take part in medical rounds and report on the condition of the patients. They also discuss the care plan and coordinate care with other healthcare providers.
8. **Performing diagnostic tests:** Nurses may be involved in performing diagnostic tests such as blood draws, ECGs, or other examinations.
9. **Emergency management:** Nurses are prepared to respond appropriately in emergencies such as sudden deterioration in health. They work with the medical team to take immediate action.
10. **Patient and family education:** Nurses educate patients and their loved ones about the disease, treatment plan, and post-hospital care.

The daily routine can vary depending on the department in which the nurse works (e.g. intensive care unit, surgery, internal medicine) and the patient's state of health. Working together in an interdisciplinary team is an essential part of working in the hospital.