

Activities of a nurse in a nursing home

The day-to-day work of a nursing home nurse is varied and demanding, as they play a key role in the care and care of the elderly. Here are some of the common tasks and activities that nurses perform in a nursing home:

Care planning and delivery: Caregivers create care plans for residents based on individual needs and health conditions. They implement these plans in close cooperation with the care team.

Basic care: Basic tasks include assisting with personal hygiene (washing, dressing, toileting), eating, and mobility.

Medication administration: Nurses are often responsible for the correct administration of medications. This includes monitoring medication schedules, dispensing medications, and documentation.

Documentation: Accurate documentation is essential. Nurses record the health status of the residents, document nursing interventions and report changes in condition to supervisors or doctors.

Communication: Nurses communicate regularly with residents, their loved ones, other members of the care team, doctors, and other healthcare providers.

Attend meetings and training: Nurses attend meetings to ensure information sharing and care coordination. They also attend training sessions to keep their skills up to date.

Care and activities: In addition to pure care, nurses also offer social care. This may include participation in group activities, conversations, or therapeutic interventions.

Assistance with therapeutic interventions: If necessary, nurses work closely with physical therapists, occupational therapists and other specialists to assist residents with therapeutic exercises.

Emergency management: Nurses are prepared to respond appropriately in emergencies. This includes the application of first aid measures and the coordination of emergency services.

Care plan adjustment: Residents' needs change over time. Nurses adjust their care plans accordingly and work closely with other healthcare providers to ensure the best possible care.

It is important to note that the daily routine may vary depending on the facility, the size of the nursing home, the type of residents (e.g. residents with dementia) and other factors.